



# Free Exercise Classes Schedule

Day	Venue	Time
<b>Monday</b>	<b>Kelston Community Centre</b> Corner Awaroa & Great North Rd, Kelston	<b>12:30 pm – 1:30 pm</b> Instructor – Sione
	<b>Hub West MPHS</b> 27 Corban Ave, Henderson	<b>5:30 pm – 6:30 pm</b> Instructor – Mata
<b>Tuesday</b>	<b>Kelston Community Centre</b> Corner Awaroa & Great North Rd, Kelston	<b>12:30 pm – 1:30 pm</b> Instructor – Mata
<b>Wednesday</b>	<b>Te Atatu Peninsular Community Hall</b> 595 Te Atatu Rd Te, Atatu Peninsula	<b>12:30 pm – 1:30 pm</b> Instructor – Mata
	<b>Hub West MPHS</b> 27 Corban Ave, Henderson	<b>5:30 pm – 6:30 pm</b> Instructor – Mata
<b>Thursday</b>	<b>Kelston Community Centre</b> Corner Awaroa & Great North Rd, Kelston	<b>5:00 pm – 6:00 pm</b> Instructor – Mata
<b>Friday</b>	<b>Te Atatu Peninsular Community Hall</b> 595 Te Atatu Rd Te, Atatu Peninsula	<b>12:30 pm – 1:30 pm</b> Instructor – Sione
	<b>Kelston Community Centre</b> Corner of Awaroa & Great North Rd, Kelston	<b>5:00 pm – 6:00 pm</b> Instructor – Mata

For more information please contact our friendly team:  
Tui Vakalahi: 09 837 3514 or Mob: 021 023 32188



WE CARE: Wellbeing – Excellence – Championing – Accessible – Respect – Equity